

# MAPPING THE PSALMS

Lesson SIX: BOOK 1, Part 2

“THE MAN, CHRIST JESUS”

Psalms 16 to 41

Look for the answers to these questions:

1. Does Part 3 of Book One of the Psalms speak of Jesus, the Son of God, or Jesus, the Son of Man ?
2. Who is speaking In Psalms 16 to 24?
3. Who is speaking in Psalms 25-41 ?
4. In Psalm 23, what are the three qualities of the Good Shepherd ?



Book 1 (Ps 1-41): GENESIS

Man and the Sons of Man  
Ps 1 to 8

The Man of the Earth  
(the Antichrist)  
Ps 9 to 15

The Man, Christ Jesus  
Ps 16 to 41



Book 1 (Ps 1-41): GENESIS

PART THREE

The Man, Christ Jesus  
Ps 16 to 41

These 26 psalms focuses on Jesus, the Son of Man.

This is the Man Isaiah calls “a man of sorrows” (Isa. 53:3).

This is the Man “who was made a little lower than the angels for the suffering of death” (Heb. 2:9).



Book 1 (Ps 1-41): GENESIS

PART THREE

The Man, Christ Jesus  
Ps 16 to 41

These psalms contains many prophecies of the suffering of Christ that were later recorded in the Gospels.

## At the Last Supper

### Psalm 41:9

Yea, mine own familiar friend, in whom I trusted, which did eat of my bread, hath lifted up *his* heel against me.



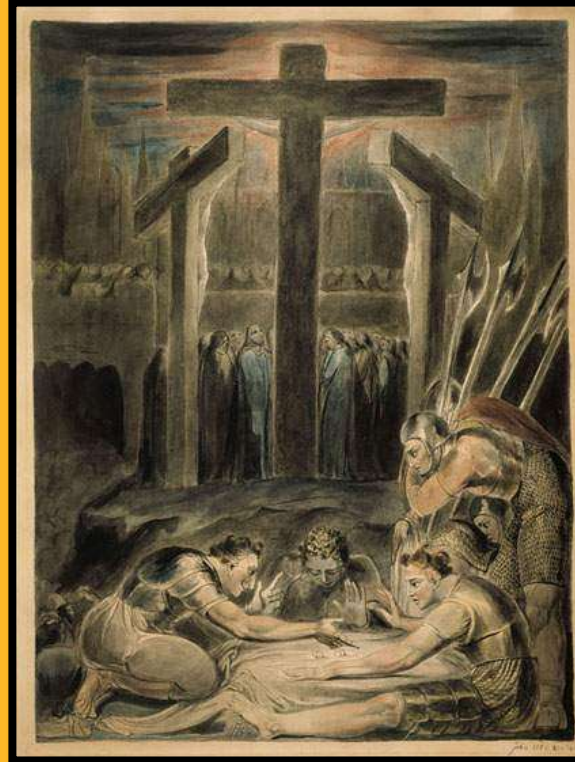
### John 13:18

I speak not of you all: I know whom I have chosen: but that the scripture may be fulfilled, **He that eateth bread with me hath lifted up his heel against me.**

## The Parting of his Garments

### Psalm 22:18

They part my garments among them, and cast lots upon my vesture.



### Matthew 27:35

And they crucified him, and parted his garments, casting lots: that it might be fulfilled which was spoken by the prophet,

They parted my garments among them, and upon my vesture did they cast lots.

## The Mocking Priests

### Psalm 22:7-8

- <sup>7</sup> All they that see me laugh me to scorn: they shoot out the lip, they shake the head, *saying*,
- <sup>8</sup> He trusted on the LORD *that* he would deliver him: let him deliver him, seeing he delighted in him.



### Matthew 27:41 and 43

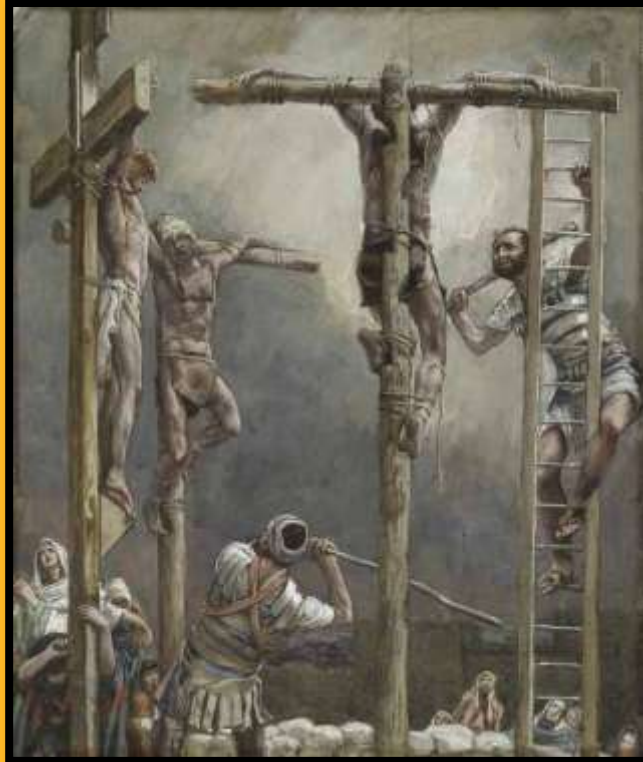
- <sup>41</sup> Likewise also the chief priests mocking *him*, with the scribes and elders, said,
- <sup>43</sup> **He trusted in God;** **let him deliver him now,** if he will have him: for he said, I am the Son of God.



## No Broken Bones

### Psalm 34:20

He keepeth all his bones: not one of them is broken.



### John 19:32-33, 36

- <sup>32</sup> Then came the soldiers, and brake the legs of the first, and of the other which was crucified with him.
- <sup>33</sup> But when they came to Jesus, and saw that he was dead already, they brake not his legs:
- <sup>36</sup> For these things were done, that the scripture should be fulfilled,  
**A bone of him shall not be broken.**

## Words from the Cross

### **Psalm 22:1**

My God, my God, why hast thou forsaken me? *why art thou so far from helping me, and from the words of my roaring?*



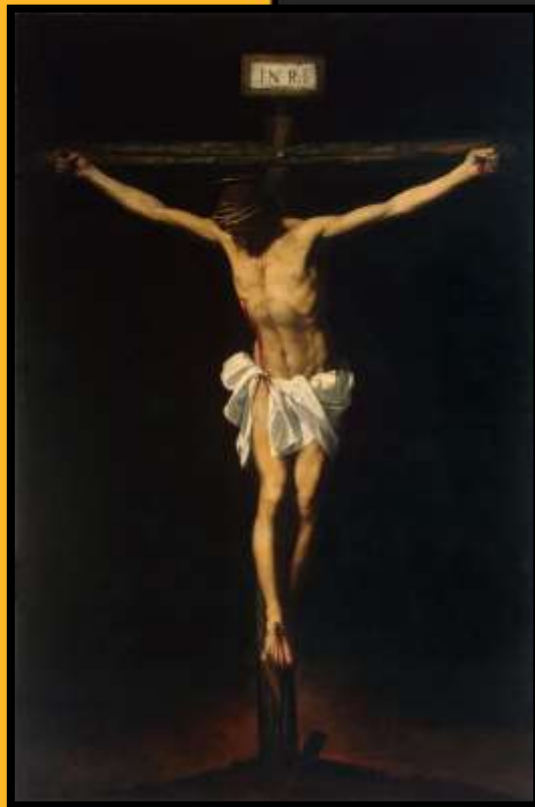
### **Matthew 27:46**

And about the ninth hour Jesus cried with a loud voice, saying, Eli, Eli, lama sabachthani? that is to say, *My God, my God, why hast thou forsaken me?*

## His Seven Last Words

### **Psalm 31:5**

Into thine hand I commit  
my spirit:  
thou hast redeemed me,  
O LORD God of truth.



### **Luke 23:46**

And when Jesus had cried  
with a loud voice, he said,  
Father, **into thy hands**  
**I commend my spirit:**  
and having said thus,  
he gave up the ghost.



Book 1 (Ps 1-41): GENESIS

PART THREE

The Man, Christ Jesus  
Ps 16 to 41

You might think that the best way to study the Psalms is to read them in order. But this section requires a different approach:



Book 1 (Ps 1-41): GENESIS

There are two parts to this section –

PART THREE

The Man, Christ Jesus  
Ps 16 to 41

In Psalms 16-24, the Man, Christ Jesus, speaks.

In Psalms 25-41, the congregation speaks to him.



Book 1 (Ps 1-41): GENESIS

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PART THREE

The Man, Christ Jesus  
Ps 16 to 41

In Psalms 16-24, the Man, Christ Jesus, speaks.

In Psalms 25-41, the congregation speaks to him.

Think of the two parts as melodies and countermelodies such as we hear in this portion of “Night of Silence / Silent Night.”

## *Night of Silence*

Spirit among us,  
shine like the star.  
Your light that guides shepherds  
and kings from afar  
Shimmer in the sky so empty, lonely.  
Rising in the warmth of your Son's love.  
Star unknowing of night and day,  
Spirit we wait for your loving Son.

## *Silent Night*

Silent night,  
Holy night!  
All is calm,  
All is bright!  
Round yon virgin mother and child,  
Holy infant so tender and mild.  
Sleep in heavenly peace!  
Sleep in heavenly peace!





Book 1 (Ps 1-41): GENESIS

PART THREE

The Man, Christ Jesus  
Ps 16 to 41

Psalms 16-24 are the 'melodies' sung by the Son of Man, Christ Jesus.

Psalms 25 to 41 are the 'countermelodies' sung by the congregation.



## Christ Speaks (Ps 16-24)

**16:** The Messiah's Trust and Expectation

## The People Answer (25-41)

**25:** Our Prayer in light of Psalm 16

## Christ Speaks (Ps 16-24)

**16:** The Messiah's Trust and Expectation

**17:** Christ's Prayer in Light of Psalm 16

## The People Answer (25-41)

**25:** Our Prayer in light of Psalm 16

**26:** Our Prayer in light of Psalm 17

## Christ Speaks (Ps 16-24)

**16:** The Messiah's Trust and Expectation

**17:** Christ's Prayer in Light of Psalm 16

**18:** The Triumph of the Messiah

## The People Answer (25-41)

**25:** Our Prayer in light of Psalm 16

**26:** Our Prayer in light of Psalm 17

**27-28:** Prayer and Praise in light of 18

## Christ Speaks (Ps 16-24)

16: The Messiah's Trust and Expectation

17: Christ's Prayer in Light of Psalm 16

18: The Triumph of the Messiah

19: God's Glory in Creation and His Word

## The People Answer (25-41)

25: Our Prayer in light of Psalm 16

26: Our Prayer in light of Psalm 17

27-28: Prayer and Praise in light of 18

29: Prayer and Praise in light of 19

## Christ Speaks (Ps 16-24)

**16:** The Messiah's Trust and Expectation

**17:** Christ's Prayer in Light of Psalm 16

**18:** The Triumph of the Messiah

**19:** God's Glory in Creation and His Word

**20:** Christ's Triumph is Our Salvation

## The People Answer (25-41)

**25:** Our Prayer in light of Psalm 16

**26:** Our Prayer in light of Psalm 17

**27-28:** Prayer and Praise in light of 18

**29:** Prayer and Praise in light of 19

**30-33:** Prayer and Praise in light of 20

## Christ Speaks (Ps 16-24)

16: The Messiah's Trust and Expectation

17: Christ's Prayer in Light of Psalm 16

18: The Triumph of the Messiah

19: God's Glory in Creation and His Word

20: Christ's Triumph is Our Salvation

21: Exaltation of the King

## The People Answer (25-41)

25: Our Prayer in light of Psalm 16

26: Our Prayer in light of Psalm 17

27-28: Prayer and Praise in light of 18

29: Prayer and Praise in light of 19

30-33: Prayer and Praise in light of 20

34: Prayer and Praise in light of 21

## Christ Speaks (Ps 16-24)

16: The Messiah's Trust and Expectation

17: Christ's Prayer in Light of Psalm 16

18: The Triumph of the Messiah

19: God's Glory in Creation and His Word

20: Christ's Triumph is Our Salvation

21: Exaltation of the King

22: The Good Shepherd in Death

## The People Answer (25-41)

25: Our Prayer in light of Psalm 16

26: Our Prayer in light of Psalm 17

27-28: Prayer and Praise in light of 18

29: Prayer and Praise in light of 19

30-33: Prayer and Praise in light of 20

34: Prayer and Praise in light of 21

35-36: Prayer and Praise in light of 22

## Christ Speaks (Ps 16-24)

16: The Messiah's Trust and Expectation

17: Christ's Prayer in Light of Psalm 16

18: The Triumph of the Messiah

19: God's Glory in Creation and His Word

20: Christ's Triumph is Our Salvation

21: Exaltation of the King

22: The Good Shepherd in Death

23: The Great Shepherd in Resurrection

## The People Answer (25-41)

25: Our Prayer in light of Psalm 16

26: Our Prayer in light of Psalm 17

27-28: Prayer and Praise in light of 18

29: Prayer and Praise in light of 19

30-33: Prayer and Praise in light of 20

34: Prayer and Praise in light of 21

35-36: Prayer and Praise in light of 22

37: Instruction in light of 23



## Christ Speaks (Ps 16-24)

16: The Messiah's Trust and Expectation

17: Christ's Prayer in Light of Psalm 16

18: The Triumph of the Messiah

19: God's Glory in Creation and His Word

20: Christ's Triumph is Our Salvation

21: Exaltation of the King

22: The Good Shepherd in Death

23: The Great Shepherd in Resurrection

24: The Chief Shepherd in Glory

## The People Answer (25-41)

25: Our Prayer in light of Psalm 16

26: Our Prayer in light of Psalm 17

27-28: Prayer and Praise in light of 18

29: Prayer and Praise in light of 19

30-33: Prayer and Praise in light of 20

34: Prayer and Praise in light of 21

35-36: Prayer and Praise in light of 22

37: Instruction in light of 23

38-41: Prayer and Praise in light of 24



Book 1 (Ps 1-41): GENESIS

PART THREE

The Man, Christ Jesus  
Ps 16 to 41

We will read a portion of each of these psalms,  
and look at the matching themes.

## Christ Speaks (Ps 16-24)

### 16: The Messiah's Trust and Expectation

#### Psalm 16:11

<sup>11</sup> Thou wilt shew me the path of life:  
in thy presence *is* fulness of joy;  
at thy right hand *there are*  
pleasures for evermore.

## The People Answer (25-41)

### 25: Our Prayer in light of Psalm 16

#### Psalm 25:4-5

<sup>4</sup> Shew me thy ways, O Lord;  
teach me thy paths.  
<sup>5</sup> Lead me in thy truth, and teach me:  
for thou *art* the God of my salvation;  
on thee do I wait all the day.

## Christ Speaks (Ps 16-24)

### 17: Christ's Prayer in Light of Psalm 16

#### Psalm 17:3, 5

- <sup>3</sup> Thou hast proved mine heart;  
thou hast visited *me* in the night;  
thou hast tried me, *and* shalt find  
nothing;  
I am purposed *that* my mouth shall  
not transgress.
- <sup>5</sup> Hold up my goings in thy paths,  
*that* my footsteps slip not.

## The People Answer (25-41)

### 26: Our Prayer in light of Psalm 17

#### Psalm 26:1-2

- <sup>1</sup> Judge me, O LORD; for I have  
walked in mine integrity:  
I have trusted also in the LORD;  
*therefore* I shall not slide.
- <sup>2</sup> Examine me, O LORD, and prove  
me; try my reins and my heart.

## Christ Speaks (Ps 16-24)

### 18: The Triumph of the Messiah

#### Psalm 18:50

Great deliverance giveth he to his king;  
and sheweth mercy to his anointed, to  
David, and to his seed for evermore.

## The People Answer (25-41)

### 27-28: Prayer and Praise in light of 18

#### Psalm 28:8

The Lord is their strength, and he is  
the saving strength of his anointed.

## Christ Speaks (Ps 16-24)

### 19: God's Glory in Creation and His Word

#### Psalm 19:1

The heavens declare the glory of God;  
and the firmament sheweth his  
handywork.

## The People Answer (25-41)

### 29: Prayer and Praise in light of 19

#### Psalm 29:2

Give unto the LORD the glory due  
unto his name;  
worship the LORD in the beauty of  
holiness.

## Christ Speaks (Ps 16-24)

### 20: Christ's Triumph is Our Salvation

#### Psalm 20:5

We will rejoice in thy salvation,  
and in the name of our God we will set  
up our banners:  
the LORD fulfil all thy petitions.

## The People Answer (25-41)

### 30-33: Prayer and Praise in light of 20

#### Psalm 30:11-12

- <sup>11</sup> Thou hast turned for me my  
mourning into dancing:  
thou hast put off my sackcloth,  
and girded me with gladness;
- <sup>12</sup> To the end that *my* glory may sing  
praise to thee, and not be silent.  
O LORD my God,  
I will give thanks unto thee for ever.

## Christ Speaks (Ps 16-24)

### 21: Exaltation of the King

#### **Psalm 21:13**

Be thou exalted, Lord,  
in thine own strength:  
so will we sing and praise thy power.

## The People Answer (25-41)

### 34: Prayer and Praise in light of 21

#### **Psalm 34:3**

O magnify the LORD with me,  
and let us exalt his name together.



## Christ Speaks (Ps 16-24)

### 22: The Good Shepherd in Death

#### Psalm 22:14

I am poured out like water,  
and all my bones are out of joint:  
my heart is like wax;  
it is melted in the midst of my bowels.

## The People Answer (25-41)

### 35-36: Prayer and Praise in light of 22

#### Psalm 35:10

All my bones shall say, LORD, who is  
like unto thee, which deliverest the  
poor from him that is too strong for  
him, yea, the poor and the needy  
from him that spoileth him?

## Christ Speaks (Ps 16-24)

### 23: The Great Shepherd in Resurrection

#### Psalm 23:3

He restoreth my soul:  
he leadeth me in the paths of  
righteousness for his name's sake.

## The People Answer (25-41)

### 37: Instruction in light of 23

#### Psalm 37:23-24

- <sup>23</sup> The steps of a good man are  
ordered by the LORD:  
and he delighteth in his way.
- <sup>24</sup> Though he fall, he shall not be  
utterly cast down: for the LORD  
upholdeth *him with his hand*.

## Christ Speaks (Ps 16-24)

### 24: The Chief Shepherd in Glory

#### Psalm 24:7-8

- <sup>7</sup> Lift up your heads, O ye gates;  
and be ye lift up, ye everlasting doors;  
and the King of glory shall come in.
- <sup>8</sup> Who *is* this King of glory?  
The LORD strong and mighty,  
the LORD mighty in battle.

## The People Answer (25-41)

### 38-41: Prayer and Praise in light of 24

#### Psalm 41:11

By this I know that thou favourest  
me, because mine enemy doth not  
triumph over me.

PSALM 23:1-6

He Provides

He Leads

He Protects

He Leads

He Provides



We will only look fully into one of the psalms in this lesson –

Psalm 23 celebrates the great Shepherd who provides for us, leads up, and protects us.

## PSALM 23:1-6

He Provides

<sup>1</sup> The LORD *is* my shepherd; I shall not want.

He Leads

<sup>2</sup> He maketh me to lie down in green pastures:  
he leadeth me beside the still waters.

<sup>3</sup> He restoreth my soul:  
he leadeth me in the paths of righteousness for his name's sake.

He Protects

<sup>4</sup> Yea, though I walk through the valley of the shadow of death,  
I will fear no evil:  
for thou *art* with me; thy rod and thy staff they comfort me.

He Leads

<sup>5</sup> Thou preparest a table before me in the presence of mine enemies:  
thou anointest my head with oil;  
my cup runneth over.

He Provides

<sup>6</sup> Surely goodness and mercy shall follow me all the days of my life:  
and I will dwell in the house of the LORD for ever.

The LORD is my Shepherd

...and Jesus is the GOOD Shepherd.

**John 10:11**

I am **the good shepherd:**

the good shepherd giveth his life for the sheep.



The LORD is my Shepherd

...and Jesus is the GREAT Shepherd

### Hebrews 13:20-21a

- <sup>20</sup> Now the God of peace,  
that brought again from the dead our Lord Jesus,  
that **great shepherd** of the sheep,  
through the blood of the everlasting covenant,  
<sup>21</sup> Make you perfect in every good work to do his  
will ...



The LORD is my Shepherd

...and Jesus is the CHIEF Shepherd

**1 Peter 5:4**

<sup>4</sup> And when **the chief Shepherd** shall appear,  
ye shall receive a crown of glory  
that fadeth not away.







Book 1 (Ps 1-41): GENESIS

Man and the Sons of Man  
Ps 1 to 8

The Man of the Earth  
Ps 9 to 15

The Man, Christ Jesus  
Ps 16 to 41

Each of the five books of Psalms ends with a special word of praise called a “doxology.”

A doxology has two parts:  
Praise to God, and recognition of his eternal nature.



Book 1 (Ps 1-41): GENESIS

Man and the Sons of Man  
Ps 1 to 8

The Man of the Earth  
Ps 9 to 15

The Man, Christ Jesus  
Ps 16 to 41

The Doxology that ends Book One


**Psalm 41:13**

Blessed *be* the LORD God of Israel  
from everlasting, and to everlasting.

Amen, and Amen.



Book 1 (Ps 1-41): GENESIS



Book 2 (Ps 42-72): EXODUS

Up Next: The EXODUS book  
“Deliverance and Redemption”

## Test Your Understanding of this Lesson:

1. Does Part 3 of Book One of the Psalms speak of Jesus, the Son of God, or Jesus, the Son of Man ?
2. Who is speaking In Psalms 16 to 24?
3. Who is speaking in Psalms 25-41 ?
4. In Psalm 23, what are the three qualities of the Good Shepherd ?

Read Psalm 25:1-9 on the next slide, and answer questions 5 to 10:

## Psalm 25:1-9

- 1 Unto thee, O LORD, do I lift up my soul.
- 2 O my God, I trust in thee:  
let me not be ashamed, let not mine enemies triumph over me.
- 3 Yea, let none that wait on thee be ashamed: let them be ashamed which transgress without cause.
- 4 Shew me thy ways, O LORD;  
teach me thy paths.
- 5 Lead me in thy truth, and teach me:  
for thou *art* the God of my salvation;  
on thee do I wait all the day.
- 6 Remember, O LORD, thy tender mercies and thy lovingkindnesses;  
for they *have been* ever of old.
- 7 Remember not the sins of my youth,  
nor my transgressions:  
according to thy mercy remember thou me for thy goodness' sake,  
O LORD.
- 8 Good and upright *is* the LORD:  
therefore will he teach sinners in the way.
- 9 The meek will he guide in judgment:  
and the meek will he teach his way.

## Test Your Understanding of this Lesson:

The answer to these questions are found in Psalm 25:

5. In verse 3, who does the Psalmist NOT want to be ashamed?
6. In verse 3, who does he want to be ashamed?
7. In verse 6, what does he want the Lord to REMEMBER ?
8. In verse 7, what does he want the Lord to FORGET ?
9. In verse 8, who will the Lord teach?
10. In verse 9. who will the Lord guide in judgment?

**BONUS QUESTION:** What verse tells you that this psalm could NOT be spoken by the Lord himself ? (15 points)

Each question is worth 10 points. Do NOT share your answers with other students.



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