

MAPPING THE PSALMS

Lesson 7:
THE EXODUS BOOK, Part 1
Psalms 42-49

Look for the answer to these questions:

1. Book Two of the Psalms corresponds to the Old Testament book of _____.
2. How many psalms are in Book 2?
3. What are the three sections of Book 2?
4. What are the three parts to Psalms 42 AND 43?
5. In Psalm 43, what are the four steps in psalmist's journey back to God?
6. In Psalm 45:10, what is the King's bride told to forget?
7. In Psalm 46, what are the 3 things that could happen to the earth, but God would still be our refuge?
8. In Psalm 47:2, what reason is given for praising God?
9. In Psalm 47:7, what reason is given for praising God?
10. In Psalm 49, what are two things the unbeliever thinks will save him?

Book 1 Ps 1 to 41

Book 2 Ps 42 to 72

Book 3 Ps 73 to 89

Book 4 Ps 90 to 106


Book 5 Ps 107 to 145

Five Hallelujah Psalms
Ps 146-150

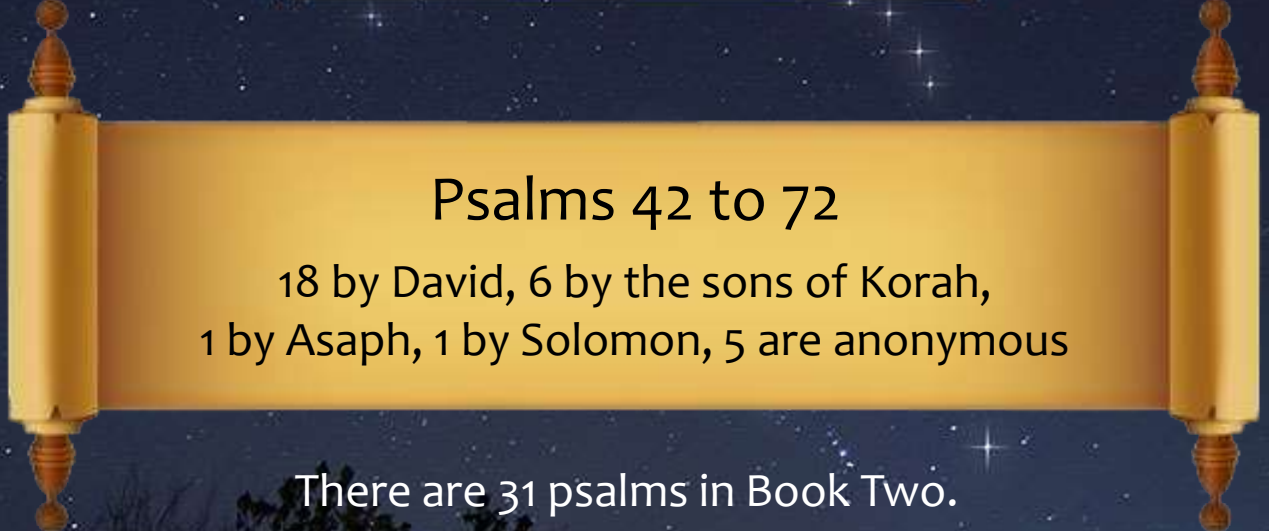


Book 2 is the EXODUS Book.

It celebrates the redemption of
God's people by the blood of the
Lamb of God.




Book 2 (Ps 42-72): EXODUS



Psalms 42 to 72

18 by David, 6 by the sons of Korah,
1 by Asaph, 1 by Solomon, 5 are anonymous

There are 31 psalms in Book Two.




Book 2 (Ps 42-72): EXODUS

Israel's Need for Redemption
Ps 42 to 49

Israel's Redeemer
Ps 50 to 60

Israel's Redemption
Ps 61 to 72

It divides into three parts.




Book 2 (Ps 42-72): EXODUS

PART ONE

Israel's Need for Redemption
Ps 42 to 49

Before man will ever call out to God, he must first realize his NEED for God. These 8 psalms show man's desperate condition when he is without God.



Book 2 (Ps 42-72): EXODUS

PART ONE

Israel's Need for Redemption
Ps 42 to 49

[A] The Oppression Realized (42, 43)

[B] A Cry for Help to the Deliverer (44)


[C] The Deliverer Praised (45)

[B] The Help of the Deliverer (46)

[C] The Deliverer Praised (47, 48)

[A] The Need of Redemption Realized (49)

The structure of these psalms is A – B – C – B – C – A .




Book 2 (Ps 42-72): EXODUS

[A] The Oppression Realized (42, 43)

PART ONE

Israel's Need for Redemption
Ps 42 to 49

Psalm 16:11 says, “In thy presence is fulness of joy.” But in this life, we only get a small and occasional taste of that joy. Sometimes God seems so far away. We “groan within ourselves” (Rom 8:23), waiting for the day our redemption is complete and we “dwell in the house of the LORD for ever (Ps. 23:6).



Book 2 (Ps 42-72): EXODUS

[A] The Oppression Realized (42, 43)

PART ONE

Israel's Need for Redemption
Ps 42 to 49

Psalms 42 and 43 look at that groaning, both asking the same question: “Why art thou cast down, O my soul? and why art thou disquieted [troubled] in me?”

Ps 42: The Oppression Realized

Complaint

Longing

Chastisement

Psalms 42 and 43 have the same three parts:

Ps 42: The Oppression Realized

Complaint

Psalm 42, the *first* psalm of the Book 2, sets the tone of the book. This psalm is about the despair man feels when he is separated from God.

Longing

This psalm is the basis of the song, “As The Deer.” The emotion of the psalm is much stronger than in the modern song.

Chastisement

Ps 42: The Oppression Realized

Complaint, 1-3

Longing

Chastisement

Psalm 42:1-3

- ¹ As the hart panteth after the water brooks,
so panteth my soul after thee, O God.
- ² My soul thirsteth for God, for the living God:
when shall I come and appear before God?
- ³ My tears have been my meat day and night,
while they continually say unto me, Where is thy God?

Ps 42: The Oppression Realized

Complaint, 1-3

Longing

Chastisement

Psalm 42:1-3

- ¹ As the hart panteth after the water brooks,
so panteth my soul after thee, O God.
- ² My soul thirsteth for God, for the living God:
when shall I come and appear before God?
- ³ My tears have been my meat day and night,
while they continually say unto me, Where is thy God?

A “hart” is a male of the red deer family.

To “pant” is to breathe with short, rapid breaths. Deer have very few sweat glands so when they are overheated by running, they can only pant to cool themselves down until they find water.

Ps 42: The Oppression Realized

Complaint, 1-3

Longing

Chastisement

Psalm 42:1-3

- ¹ As the hart panteth after the water brooks,
so panteth my soul after thee, O God.
- ² My soul thirsteth for God, for the living God:
when shall I come and appear before God?
- ³ **My tears have been my meat day and night,
while they continually say unto me, Where is thy God?**

My tears are my food, day and night, while all day people ask me,
“Where is your God?” (THE COMPLETE JEWISH BIBLE)

Ps 42: The Oppression Realized

Complaint

Longing, 4

Chastisement

Psalm 42:4

4 When I remember these *things*,
I pour out my soul in me:

for I had gone with the multitude,
I went with them to the house of God,
with the voice of joy and praise,
with a multitude that kept holyday.

His feeling of loss and isolation grows worse when he remembers his times of joy in the house of God.

Ps 42: The Oppression Realized

Complaint

Longing

Chastisement, 5

Psalm 42:5

⁵ Why art thou cast down, O my soul?
and *why* art thou disquieted in me?
hope thou in God:
for I shall yet praise him *for* the help of his countenance.

He reproves himself for feeling sad even though he knows God will give him the help he needs.

Ps 42: The Oppression Realized

Complaint, 6-7

Longing

Chastisement

Psalm 42:6

⁶ O my God, my soul is cast down within me:
therefore will I remember thee from the land of Jordan,
and of the Hermonites, from the hill Mizar.

When David wrote this psalm he was lonely for Jerusalem,
and feeling far from God.

Ps 42: The Oppression Realized

Complaint, 6-7

Longing

Chastisement

Psalm 42:7

⁷ Deep calleth unto deep at the noise of thy waterspouts:
all thy waves and thy billows are gone over me.

He felt like he was drowning in deep and turbulent waters.

Ps 42: The Oppression Realized

Complaint

Longing, 8-10

Chastisement

Psalm 42:8-10

- ⁸ Yet the LORD will command his lovingkindness in the daytime,
and in the night his song *shall be* with me,
and my prayer unto the God of my life.
- ⁹ I will say unto God my rock, Why hast thou forgotten me?
why go I mourning because of the oppression of the enemy?
- ¹⁰ As with a sword in my bones, mine enemies reproach me;
while they say daily unto me, Where is thy God?

His heart aches to be reunited with God.

Ps 42: The Oppression Realized

Complaint

Longing, 8-10

Chastisement

Psalm 42:8-10

- ⁸ Yet the LORD will command his lovingkindness in the daytime, and in the night his song *shall be* with me, and my prayer unto **the God of my life.**
- ⁹ I will say unto **God my rock,** Why hast thou forgotten me? why go I mourning because of the oppression of the enemy?
- ¹⁰ As with a sword in my bones, mine enemies reproach me; while they say daily unto me, Where is thy God?

These are not the words of a man who thinks of God as a set of laws carved into stone. This is a man who has a *relationship* with the living God, and is completely lost without him.

Ps 42: The Oppression Realized

Complaint

Longing

Chastisement, 11

Psalm 42:11

¹¹ Why art thou cast down, O my soul?
and why art thou disquieted within me?
hope thou in God:
for I shall yet praise him,
who is the health of my countenance,
and my God.

Back in verse 5, he said what he thought he *should* say.
Now he says what he knows he *believes*.

This hymn, written in 1696, captures the emotion of the psalm.

As Pants the Hart for Cooling Streams

As pants the hart for cooling streams,
When heated in the chase,
So longs my soul, O God, for Thee,
And Thy refreshing grace.

For Thee, my God, the living God,
My thirsty soul doth pine;
Oh, when shall I behold Thy face,
Thou Majesty Divine?

God of my strength, how long shall I,
Like one forgotten, mourn,
Forlorn, forsaken, and exposed,
To my oppressor's scorn?

Why restless, why cast down, my soul?
Hope still, and thou shalt sing
The praise of Him who is thy God,
Thy health's eternal spring.

Ps 43: The Oppression Realized

Complaint

Longing

Chastisement

Psalm 43 is the *second* psalm of the Book 2, and so it speaks of the enemies of righteousness.

There are many similar phrases shared by Psalm 42 and 43. They are both spoken by a man who feels separated from God. But in Psalm 42, he feels forgotten by God. In Psalm 43, he feels that God has allowed his enemies to drive him away.

Ps 43: The Oppression Realized

Complaint, 1-2

Psalm 43:1-2

- ¹ Judge me, O God, and plead my cause against an ungodly nation: **O deliver me from the deceitful and unjust man.**
- ² For thou art the God of my strength: why dost thou cast me off? why go I mourning because of the oppression of the enemy?

Longing

Chastisement

He pictures his journey back to Jerusalem:
first up the holy hill of Mt Zion,
then to the tabernacle, the temple,
then to the altar of God, the holy of holies,
and finally, to God himself.

unto God

unto the altar of God...

and to thy tabernacles...

Bring me unto thy holy hill...



Ps 43: The Oppression Realized

Complaint

Longing, 3-4

Chastisement

Psalm 43:3-4

- ³ O send out thy light and thy truth:
let them lead me;
let them bring me unto **thy holy hill,**
and to **thy tabernacles.**
- ⁴ Then will I go unto **the altar of God,**
unto God my exceeding joy:
yea, upon the harp will I praise thee,
O God my God.

Ps 43: The Oppression Realized

Complaint


Psalm 43:5

- ⁵ Why art thou cast down, O my soul?
and why art thou disquieted within me?
hope in God:
for I shall yet praise him,
who is the health of my countenance, and my God.

Longing

Chastisement, 5

Psalm 42 and 43 end the same way.



Book 2 (Ps 42-72): EXODUS

[A] The Oppression Realized (42, 43)

[B] A Cry for Help to the Deliverer (44)

PART ONE

Israel's Need for Redemption
Ps 42 to 49

Psalm 44 is almost shocking in its honest portrayal of a man trying to understand why God is not helping his people.

Ps 44: A Cry for Help to the Deliverer

We have heard.

We believe.

But look at us now!

I am confused.

We did not turn away!

Arise and help us!

Ps 44: A Cry for Help to the Deliverer

We have heard, 1-3

We believe.

But look at us now!

I am confused.

We did not turn away!

Arise and help us!

Psalm 44:1-3

- ¹ **We have heard with our ears,**
O God, our fathers have told us,
what work thou didst in their days, in the times of old.
- ² *How thou didst drive out the heathen with thy hand,
and plantedst them;
how thou didst afflict the people, and cast them out.*
- ³ For they got not the land in possession by their own sword,
neither did their own arm save them:
but thy right hand, and thine arm, and the light of thy
countenance, because thou hadst a favour unto them.

Ps 44: A Cry for Help to the Deliverer

We have heard.

We believe, 4-8

But look at us now!

I am confused.

We did not turn away!

Arise and help us!

Psalm 44:4-8

- 4 Thou art my King, O God:
command deliverances for Jacob.
- 5 Through thee will we push down our enemies:
through thy name will we tread them under that rise up
against us.
- 6 For I will not trust in my bow,
neither shall my sword save me.
- 7 But thou hast saved us from our enemies,
and hast put them to shame that hated us.
- 8 In God we boast all the day long,
and praise thy name for ever.
Selah.

Ps 44: A Cry for Help to the Deliverer

Psalm 44:9-14

- ⁹ But thou hast cast off, and put us to shame;
and goest not forth with our armies.
- ¹⁰ Thou makest us to turn back from the enemy:
and they which hate us spoil for themselves.
- ¹¹ Thou hast given us like sheep *appointed* for meat;
and hast scattered us among the heathen.
- ¹² Thou sellest thy people for nought,
and dost not increase *thy wealth* by their price.
- ¹³ Thou makest us a reproach to our neighbours,
a scorn and a derision to them that are round about us.
- ¹⁴ Thou makest us a byword among the heathen,
a shaking of the head among the people.

We have heard.

We believe.

But look at us now, 9-14

I am confused.

We did not turn away!

Arise and help us!

Ps 44: A Cry for Help to the Deliverer

Psalm 44:15-16

- ¹⁵ My confusion *is* continually before me,
and the shame of my face hath covered me,
¹⁶ For the voice of him that reproacheth and blasphemeth;
by reason of the enemy and avenger.

We have heard.

We believe.

But look at us now!

I am confused, 15-16

We did not turn away!

Arise and help us!

Ps 44: A Cry for Help to the Deliverer

We have heard.

We believe.

But look at us now!

I am confused.

We did not turn away, 17-22

Arise and help us!

Psalm 44:17-22

- ¹⁷ All this is come upon us; yet have we not forgotten thee, neither have we dealt falsely in thy covenant.
- ¹⁸ Our heart is not turned back, neither have our steps declined from thy way;
- ¹⁹ Though thou hast sore broken us in the place of dragons, and covered us with the shadow of death.
- ²⁰ If we have forgotten the name of our God, or stretched out our hands to a strange god;
- ²¹ Shall not God search this out?
for he knoweth the secrets of the heart.
- ²² Yea, for thy sake are we killed all the day long; we are counted as sheep for the slaughter.

Ps 44: A Cry for Help to the Deliverer

Psalm 44:23-26

²³ Awake, why sleepest thou, O Lord?
arise, cast us not off for ever.

²⁴ Wherefore hidest thou thy face,
and forgettest our affliction and our oppression?

²⁵ For our soul is bowed down to the dust:
our belly cleaveth unto the earth.

²⁶ Arise for our help, and redeem us for thy mercies' sake.

We have heard.

We believe.

But look at us now!

I am confused.

We did not turn away!

Arise and help us, 23-26

Ps 44: A Cry for Help to the Deliverer

We have heard.

We believe.


But look at us now!

I am confused.

We did not turn away!

Arise and help us!

Why would God want a psalm like this in the Bible?
It is because God understands the way we feel when we are doing our best, but we are still struggling!



Book 2 (Ps 42-72): EXODUS

PART ONE

Israel's Need for Redemption
Ps 42 to 49

[A] The Oppression Realized (42, 43)

[B] A Cry for Help to the Deliverer (44)

[C] The Deliverer Praised (45)

This psalm is subtitled, "A song of loves."
Redemption is an act of love.

Ps 45: The Deliverer Praised

The Psalmist speaks

Praise to the King

Counsel to his Bride

The Psalmist speaks

This psalm is much like the Song of Solomon. It is a song of praise to the King and his bride.

Like Boaz was to Ruth, Jesus is the “kinsman redeemer” who paid all his bride’s debts and took her into his household.

Ps 45: The Deliverer Praised

The Psalmist speaks, 1

Praise to the King

Counsel to his Bride

The Psalmist speaks

Psalm 45:1

My heart is inditing a good matter:
I speak of the things which I have made touching the king:
my tongue *is* the pen of a ready writer.

Ps 45: The Deliverer Praised

The Psalmist speaks

Praise to the King, 2-8

Counsel to his Bride

The Psalmist speaks

Psalm 45:2-4

- ² Thou art fairer than the children of men:
grace is poured into thy lips:
therefore God hath blessed thee for ever.
- ³ Gird thy sword upon *thy* thigh, O most mighty,
with thy glory and thy majesty.
- ⁴ And in thy majesty ride prosperously because of truth and
meekness *and* righteousness;
and thy right hand shall teach thee terrible things.

Ps 45: The Deliverer Praised

The Psalmist speaks

Praise to the King, 2-8

Counsel to his Bride

The Psalmist speaks

Psalm 45:5-8

- 5 Thine arrows *are* sharp in the heart of the king's enemies; *whereby* the people fall under thee.
- 6 **Thy throne, O God,** is for ever and ever: the sceptre of thy kingdom *is* a right sceptre.
- 7 Thou lovest righteousness, and hatest wickedness: therefore **God, thy God,** hath anointed thee with the oil of gladness above thy fellows.
- 8 All thy garments *smell* of myrrh, and aloes, *and* cassia, out of the ivory palaces, whereby they have made thee glad.

This praise is not for a mortal king. It is for the King of kings who is God in the flesh.

Ps 45: The Deliverer Praised

The Psalmist speaks

Praise to the King

Counsel to his Bride, 9-16

The Psalmist speaks

Psalm 45:9-11

- ⁹ Kings' daughters were among thy honourable women:
upon thy right hand did stand the queen in gold of Ophir.
- ¹⁰ Hearken, O daughter, and consider, and incline thine ear;
forget also thine own people, and thy father's house;
- ¹¹ So shall the king greatly desire thy beauty:
for he is thy Lord; and worship thou him.

The King's bride must forget her past, and accept that she belongs only to him.

Ps 45: The Deliverer Praised

The Psalmist speaks

Praise to the King

Counsel to his Bride, 9-16

The Psalmist speaks

Psalm 45:12-16

- ¹² And the daughter of Tyre *shall be there* with a gift; even the rich among the people shall intreat thy favour.
- ¹³ The king's daughter *is* all glorious within: her clothing *is* of wrought gold.
- ¹⁴ She shall be brought unto the king in raiment of needlework: the virgins her companions that follow her shall be brought unto thee.
- ¹⁵ With gladness and rejoicing shall they be brought: they shall enter into the king's palace.
- ¹⁶ Instead of thy fathers shall be thy children, whom thou mayest make princes in all the earth.

Ps 45: The Deliverer Praised

The Psalmist speaks


Praise to the King

Counsel to his Bride

The Psalmist speaks, 17

Psalm 45:17

I will make thy name to be remembered in all generations:
therefore shall the people praise thee for ever and ever.



Book 2 (Ps 42-72): EXODUS

PART ONE

Israel's Need for Redemption
Ps 42 to 49

[A] The Oppression Realized (42, 43)

[B] A Cry for Help to the Deliverer (44)

[C] The Deliverer Praised (45)

[B] The Help of the Deliverer (46)

Ps 46: God is our Refuge

God is our Refuge

Tho' the earth be removed

God is our Refuge

Tho' the earth be melted

God is our Refuge

Tho' the earth be desolated

God is our Refuge

No matter what is happening in the world around us,
God is our refuge and help in trouble.

Ps 46: God is our Refuge

God is our Refuge

Tho' the earth be removed

God is our Refuge

Tho' the earth be melted

God is our Refuge

Tho' the earth be desolated

God is our Refuge

Psalm 46:1

¹ God is our refuge and strength,
a very present help in trouble.

Ps 46: God is our Refuge

God is our Refuge

Tho' the earth be removed

God is our Refuge

Tho' the earth be melted

God is our Refuge

Tho' the earth be desolated

God is our Refuge

Psalm 46:2-3

- 2 Therefore will not we fear,
though the earth be removed,
and though the mountains be carried into the midst of
the sea;
- 3 *Though* the waters thereof roar *and* be troubled,
though the mountains shake with the swelling thereof.
Selah.

Ps 46: God is our Refuge

God is our Refuge

Tho' the earth be removed

God is our Refuge

Tho' the earth be melted

God is our Refuge

Tho' the earth be desolated

God is our Refuge

Psalm 46:4-5

- ⁴ *There is a river,*
the streams whereof shall make glad the city of God,
the holy *place* of the tabernacles of the most High.
- ⁵ God *is* in the midst of her; she shall not be moved:
God shall help her, *and that* right early.

Ps 46: God is our Refuge

God is our Refuge

Tho' the earth be removed

God is our Refuge

Tho' the earth be melted

God is our Refuge

Tho' the earth be desolated

God is our Refuge

Psalm 46:6

⁶ The heathen raged,
the kingdoms were moved:
he uttered his voice,
the earth melted.

Ps 46: God is our Refuge

God is our Refuge

Tho' the earth be removed

God is our Refuge

Tho' the earth be melted

God is our Refuge

Tho' the earth be desolated

God is our Refuge

Psalm 46:7

⁷ The LORD of hosts *is* with us;
the God of Jacob *is* our refuge.
Selah.

Ps 46: God is our Refuge

God is our Refuge

Tho' the earth be removed

God is our Refuge

Tho' the earth be melted

God is our Refuge

Tho' the earth be desolated

God is our Refuge

Psalm 46:8-9

- ⁸ Come, behold the works of the LORD,
what desolations he hath made in the earth.
- ⁹ He maketh wars to cease unto the end of the earth;
he breaketh the bow, and cutteth the spear in sunder;
he burneth the chariot in the fire.

Ps 46: God is our Refuge

God is our Refuge

Tho' the earth be removed

God is our Refuge

Tho' the earth be melted


God is our Refuge

Tho' the earth be desolated

God is our Refuge

Psalm 46:10-11

- ¹⁰ Be still, and know that I *am* God:
I will be exalted among the heathen,
I will be exalted in the earth.
- ¹¹ The LORD of hosts *is* with us;
the God of Jacob *is* our refuge.
Selah.



Book 2 (Ps 42-72): EXODUS

PART ONE

Israel's Need for Redemption
Ps 42 to 49

[A] The Oppression Realized (42, 43)

[B] A Cry for Help to the Deliverer (44)

[C] The Deliverer Praised (45)

[B] The Help of the Deliverer (46)

[C] The Deliverer Praised (47, 48)

Psalm 47 celebrates Israel's dominion over the nations, and God's dominion over all creation.

Ps 47: The Deliverer Praised

A Call to Praise

Reason for Praise

The Nations Subdued

Israel Honored

God Exalted

This pattern repeats twice.

Ps 47: The Deliverer Praised

A Call to Praise, 1

Reason for Praise

The Nations Subdued

Israel Honored

God Exalted

Psalm 47:1-5

¹ O clap your hands, all ye people;
shout unto God with the voice of triumph.

Ps 47: The Deliverer Praised

A Call to Praise

Reason for Praise, 2

The Nations Subdued

Israel Honored

God Exalted

Psalm 47:1-5

- ¹ O clap your hands, all ye people;
shout unto God with the voice of triumph.
- ² For the LORD most high *is* terrible;
he is a great King over all the earth.

Ps 47: The Deliverer Praised

A Call to Praise

Reason for Praise

The Nations Subdued, 3

Israel Honored

God Exalted

Psalm 47:1-5

- ¹ O clap your hands, all ye people;
shout unto God with the voice of triumph.
- ² For the LORD most high *is* terrible;
he is a great King over all the earth.
- ³ He shall subdue the people under us,
and the nations under our feet.

Ps 47: The Deliverer Praised

A Call to Praise

Reason for Praise

The Nations Subdued

Israel Honored, 4

God Exalted

Psalm 47:1-5

- ¹ O clap your hands, all ye people;
shout unto God with the voice of triumph.
- ² For the LORD most high *is* terrible;
he is a great King over all the earth.
- ³ He shall subdue the people under us,
and the nations under our feet.
- ⁴ He shall choose our inheritance for us,
the excellency of Jacob whom he loved.
Selah.

Ps 47: The Deliverer Praised

A Call to Praise

Reason for Praise

The Nations Subdued

Israel Honored

God Exalted, 5

Psalm 47:1-5

- ¹ O clap your hands, all ye people;
shout unto God with the voice of triumph.
- ² For the LORD most high *is* terrible;
he is a great King over all the earth.
- ³ He shall subdue the people under us,
and the nations under our feet.
- ⁴ He shall choose our inheritance for us,
the excellency of Jacob whom he loved.
Selah.
- ⁵ God is gone up with a shout,
the LORD with the sound of a trumpet.

Ps 47: The Deliverer Praised

A Call to Praise, 6

Reason for Praise

The Nations Subdued

Israel Honored

God Exalted

Psalm 47:6-9

⁶ Sing praises to God, sing praises:
sing praises unto our King, sing praises.

Ps 47: The Deliverer Praised

A Call to Praise

Reason for Praise, 7

The Nations Subdued

Israel Honored

God Exalted

Psalm 47:6-9

- ⁶ Sing praises to God, sing praises:
sing praises unto our King, sing praises.
- ⁷ For God *is* the King of all the earth:
sing ye praises with understanding.

Ps 47: The Deliverer Praised

A Call to Praise

Reason for Praise

The Nations Subdued, 8

Israel Honored

God Exalted

Psalm 47:6-9

- 6 Sing praises to God, sing praises:
sing praises unto our King, sing praises.
- 7 For God *is* the King of all the earth:
sing ye praises with understanding.
- 8 God reigneth over the heathen:
God sitteth upon the throne of his holiness.

Ps 47: The Deliverer Praised

A Call to Praise

Reason for Praise

The Nations Subdued

Israel Honored, 9

God Exalted

Psalm 47:6-9

- 6 Sing praises to God, sing praises:
sing praises unto our King, sing praises.
- 7 For God *is* the King of all the earth:
sing ye praises with understanding.
- 8 God reigneth over the heathen:
God sitteth upon the throne of his holiness.
- 9 The princes of the people are gathered together,
even the people of the God of Abraham:

Ps 47: The Deliverer Praised

A Call to Praise

Reason for Praise


The Nations Subdued

Israel Honored

God Exalted, 9b

Psalm 47:6-9

- ⁶ Sing praises to God, sing praises:
sing praises unto our King, sing praises.
- ⁷ For God *is* the King of all the earth:
sing ye praises with understanding.
- ⁸ God reigneth over the heathen:
God sitteth upon the throne of his holiness.
- ⁹ The princes of the people are gathered together,
even the people of the God of Abraham:
for the shields [rulers] of the earth *belong* unto God:
he is greatly exalted.



Book 2 (Ps 42-72): EXODUS

PART ONE

Israel's Need for Redemption
Ps 42 to 49

[A] The Oppression Realized (42, 43)

[B] A Cry for Help to the Deliverer (44)

[C] The Deliverer Praised (45)

[B] The Help of the Deliverer (46)

[C] The Deliverer Praised (47, 48)

Psalm 48 celebrates Zion, the city of God.

Ps 48: The Deliverer Praised

Praise to God

Praise for Zion

See it and marvel

This God is our God

This pattern repeats twice.

Ps 48: The Deliverer Praised

Praise to God

Praise for Zion

See it and marvel

This God is our God

Psalm 48:1

¹ Great is the LORD,
and greatly to be praised in the city of our God,
in the mountain of his holiness.

Ps 48: The Deliverer Praised

Praise to God

Praise for Zion, 2-3

See it and marvel

This God is our God

Psalm 48:2-3

- ² Beautiful for situation,
the joy of the whole earth, *is* mount Zion,
on the sides of the north,
the city of the great King.
- ³ God is known in her palaces for a refuge.

Ps 48: The Deliverer Praised

Praise to God

Praise for Zion

See it and marvel, 4-7

This God is our God

Psalm 48:4-7

- 4 For, lo, the kings were assembled,
they passed by together.
- 5 They saw *it, and* so they marvelled;
they were troubled, *and* hasted away.
- 6 Fear took hold upon them there, *and* pain,
as of a woman in travail.
- 7 Thou breakest the ships of Tarshish with an east wind.

Ps 48: The Deliverer Praised

Praise to God

Praise for Zion

See it and marvel

This God is our God, 8

Psalm 48:8

⁸ As we have heard, so have we seen
in the city of the LORD of hosts,
in the city of **our God**:
God will establish it for ever.
Selah.

Ps 48: The Deliverer Praised

Praise to God, 9-10

Praise for Zion

See it and marvel

This God is our God

Psalm 48:9-10

- ⁹ We have thought of thy lovingkindness, O God,
in the midst of thy temple.
- ¹⁰ According to thy name, O God,
so *is* thy praise unto the ends of the earth:
thy right hand is full of righteousness.

Ps 48: The Deliverer Praised

Praise to God

Praise for Zion, 11

See it and marvel

This God is our God

Psalm 48:11

¹¹ Let mount Zion rejoice,
let the daughters of Judah be glad,
because of thy judgments.

Ps 48: The Deliverer Praised

Praise to God

Praise for Zion

See it and marvel, 12-13

This God is our God

Psalm 48:12-13

- ¹² Walk about Zion,
and go round about her:
tell the towers thereof.
- ¹³ Mark ye well her bulwarks,
consider her palaces;
that ye may tell *it* to the generation following.

Ps 48: The Deliverer Praised

Praise to God


Praise for Zion

See it and marvel

This God is our God, 14

Psalm 48:14

¹⁴ For **this God is our God** for ever and ever:
he will be our guide even unto death.



Book 2 (Ps 42-72): EXODUS

PART ONE

Israel's Need for Redemption
Ps 42 to 49

[A] The Oppression Realized (42, 43)

[B] A Cry for Help to the Deliverer (44)

[C] The Deliverer Praised (45)

[B] The Help of the Deliverer (46)

[C] The Deliverer Praised (47, 48)

[A] The Need of Redemption Realized (49)

Ps 49: The Need of Redemption Realized

Hear this!

Your wealth cannot save you

Your honors cannot save you

Death will feed on you

Only God can redeem you

Man's glory will die with him

The Psalms never allow us to forget that mankind is lost without God. No one has the power to redeem himself or anyone else.

Part One of the Exodus book ends with a very serious note.

Ps 49: The Need of Redemption Realized

Hear this!

Your wealth cannot save you

Your honors cannot save you

Death will feed on you

Only God can redeem you

Man's glory will die with him

Psalm 49:1-4

- 1 Hear this, all ye people;
give ear, all ye inhabitants of the world:
- 2 Both low and high, rich and poor, together.
- 3 My mouth shall speak of wisdom;
and the meditation of my heart *shall be* of understanding.
- 4 I will incline mine ear to a parable:
I will open my dark saying upon the harp.

Ps 49: The Need of Redemption Realized

Hear this!

Your wealth cannot save you

Your honors cannot save you

Death will feed on you

Only God can redeem you

Man's glory will die with him

Psalm 49:5-9

- 5 Wherefore should I fear in the days of evil,
when the iniquity of my heels shall compass me about?
- 6 They that trust in their wealth,
and boast themselves in the multitude of their riches;
- 7 None of *them* can by any means redeem his brother,
nor give to God a ransom for him:
- 8 (For the redemption of their soul *is* precious,
and it ceaseth for ever:)
- 9 That he should still live for ever, *and* not see corruption.

Ps 49: The Need of Redemption Realized

Hear this!

Your wealth cannot save you

Your honors cannot save you

Death will feed on you

Only God can redeem you

Man's glory will die with him

Psalm 49:10-13

- ¹⁰ For he seeth *that* wise men die,
likewise the fool and the brutish person perish,
and leave their wealth to others.
- ¹¹ Their inward thought *is, that* their houses *shall continue*
for ever, *and* their dwelling places to all generations;
they call *their* lands after their own names.
- ¹² **Nevertheless man *being* in honour abideth not:**
he is like the beasts *that* perish.
- ¹³ This their way *is* their folly:
yet their posterity approve their sayings. Selah.

Ps 49: The Need of Redemption Realized

Hear this!

Your wealth cannot save you

Your honors cannot save you

Death will feed on you

Only God can redeem you

Man's glory will die with him

Psalm 49:14

¹⁴ Like sheep they are laid in the grave;
death shall feed on them;
and the upright shall have dominion over them in the
morning;
and their beauty shall consume in the grave from their
dwelling.

Ps 49: The Need of Redemption Realized

Hear this!

Your wealth cannot save you

Your honors cannot save you

Death will feed on you

Only God can save you

Man's glory will die with him

Psalm 49:15

¹⁵ But God will redeem my soul from the power of the grave: for he shall receive me.
Selah.

Ps 49: The Need of Redemption Realized

Hear this!

Your wealth cannot save you

Your honors cannot save you


Death will feed on you

Only God can redeem you

Man's glory will die with him

Psalm 49:16-20

- ¹⁶ Be not thou afraid when one is made rich,
when the glory of his house is increased;
- ¹⁷ For when he dieth he shall carry nothing away:
his glory shall not descend after him.
- ¹⁸ Though while he lived he blessed his soul:
and *men* will praise thee,
when thou doest well to thyself.
- ¹⁹ He shall go to the generation of his fathers;
they shall never see light.
- ²⁰ *Man that is in honour, and understandeth not,
is like the beasts that perish.*



Book 2 (Ps 42-72): EXODUS

Israel's Need for Redemption
Ps 42 to 49

Israel's Redeemer
Ps 50 to 60

Israel's Redemption
Ps 61 to 72

UP NEXT:

Questions to test your understanding of this lesson:

1. Book Two of the Psalms corresponds to the Old Testament book of _____.
2. How many psalms are in Book 2?
3. What are the three sections of Book 2?
4. What are the three parts to Psalms 42 AND 43?
5. In Psalm 43, what are the four steps in psalmist's journey back to God?
6. In Psalm 45:10, what is the King's bride told to forget?
7. In Psalm 46, what are the 3 things that could happen to the earth, but God would still be our refuge?
8. In Psalm 47:2, what reason is given for praising God?
9. In Psalm 47:7, what reason is given for praising God?
10. In Psalm 49, what are two things the unbeliever thinks will save him?

Each question is worth 10 points. Do NOT share your answers with other students.



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